

Sponsored by



Northeast Georgia
Health System

HEALTHY AGING VIRTUAL EXPO

To register to attend go to
gainesvilletimes.com/healthyaging. We
look forward to “seeing” everyone!

This year’s Healthy Aging Expo is going virtual! Every Wednesday in September from 10am to 11am you will hear from 3 different Speakers, they will be talking about everything from health and fitness, Insurance, and even preplanning. After hearing from our speaker’s attendees will be able to have questions answered for them, we will also have weekly prize giveaways for those who attend.

Format Each Week:

- Welcome/Introduction of this week’s Speakers
 - 3 Presentations
- Question & Answer Period, Attendees will be able to send in questions via the chat feature on Zoom through out the presentations to be answered during this time
 - Prize Drawing for Attendees
 - Preview of next week’s Speakers

Schedule for presentations:

September 2nd 10AM TO 11AM

- Dr. Nitya Sthalekar, The Heart Center, Cardiologist
- Robin Templeton, Medicare Man/Insurance Source- Information about Open Enrollment
- Lisbeth Fabiny, Five Seasons Health- How to manage sugar cravings during stressful times

September 9th 10AM TO 11AM

- Dr. Shan Sharif-NGPG Orthopedics
- Bayli Fields, Kimbrough Law-Estate Planning
- Meredith Pippen, Allergy Asthma and Sinus

September 16th 10AM TO 11AM

- Dr. James Kruer, NGMC Internal Medicine
 - Claire Dittrich, Caption Call
 - Abigail Carr , NGHS-Bariatrics

September 23rd 10AM TO 11AM

- Dr. Monica Newton, NGPG Family Medicine
 - Northeast Georgia Diagnostic Clinic
 - Little and Davenport

September 30th 10AM TO 11AM

- Lauren Ayala, DNP-NGPG Family Medicine
- Drs. Ellen Sanders and Kelly O’Dell, Longstreet Clinic

Megan Lewis
770-535-6371

The Times
gainesvilletimes.com



OCTOBER 6, 13, 20, 27
TUESDAYS 9A-10A



Join us for speakers, demonstrations and prizes at our Virtual 2020 North Georgia Home Show!

Format:

Intro to speakers
10-15 minute presentation, 3 presenters each Tuesday
Q&A • Prize Giveaway • Close

Sponsor receives:

Inclusion in promotional advertising
1 speaker position each Tuesday

To get viewers, we are promoting by the following:

- Targeted email blast invitation to those interested in home sales, buying, remodeling, maintaining, landscape enthusiasts
- Targeted facebook advertising, and additional social media advertising
- Print and digital advertising in The Times, gainesvilletimes.com, Forsyth County News, forsythnews.com, Dawson County News, dawsonnews.com